



Colorectal cancer symptoms

Common signs and symptoms of colorectal cancer include:

- A change in bowel habits
- Diarrhea, constipation or feeling that the bowel does not empty completely
- Blood (either bright red or very dark) in the stool
- Stools that are narrower than usual
- General stomach discomfort (frequent gas pains, bloating, fullness and/or cramps)
- Weight loss with no known reason
- Constant tiredness
- Vomiting

These symptoms may be caused by colorectal cancer or by other conditions. It is important to check with a doctor.

For more information on colorectal cancer and screening, talk with your doctor or go to [anthem.com/ca](https://www.anthem.com/ca). Also, visit the following sites:

National Cancer Institute: [cancer.gov](https://www.cancer.gov)

American Cancer Society: [cancer.org](https://www.cancer.org)

Centers for Disease Control and Prevention: [cdc.gov](https://www.cdc.gov)

National Institutes of Health: [nih.gov](https://www.nih.gov)



Source: National Cancer Institute: [cancer.gov](https://www.cancer.gov)

This information is intended for educational purposes only, and should not be interpreted as medical advice. Please consult your physician for advice about changes that may affect your health.

Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are independent licensees of the Blue Cross Association. ® ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross name and symbol are registered marks of the Blue Cross Association.